

Ashby Life - March Article

Retirement

We are sorry to say that Sheila Lambden our Nurse Practitioner who has worked at the practice for 22 years is due to retire at the end of this month. We are all going to miss her and hope that she enjoys her very much deserved retirement.

Saying goodbye

It is with regret that we have to announce that Dr James Coleman will be leaving the practice in April 2018. Dr Coleman is going to a surgery nearer to his home and we wish him every success for the future.

Do you qualify for an NHS Health Check?

We are offering patients aged 40 or above a cardiovascular health check as long as you haven't already got *high blood pressure, Diabetes, Kidney Disease, Heart Disease or had a Stroke. This involves coming in for a cholesterol test followed a week or so later by a 20 minute appointment with one of our Health Care Assistants to take your weight, height, blood pressure and to answer some lifestyle questions.

They will then assess your risk of a developing Heart Disease, Type 2 Diabetes, Kidney Disease or having a Stroke. If you would like one of these please ring up reception and ask for an NHS Health Check.

*this list is not extensive - please contact reception to see if you qualify.

Appointments

Reminder that appointments are released from 08:00 onwards. We open at 07:30 for pre-booked appointments **ONLY**. Appointments are also available to book online 24/7. Please contact Reception if you would like access to SystemOnline.