

November 2017....

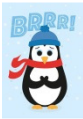
Facts and Figures for September:

- This month we dealt with 6957 calls - average waiting time was 2 minutes 35 seconds
- This month our secretaries have dealt with 476 referrals
- We dealt with 1889 electronic prescriptions
- There were 317 DNA appointments

We thank everyone who contacted us to cancel their appointment so another patient could use it.

Flu vaccination for children

Just a reminder to parents and carers that we now have plenty of stock of the nasal flu vaccination for children aged 2-4 (excluding children in Reception who will be immunised at school). It's just a quick squirt up each nostril for children and will protect them against the really unpleasant effects of flu. Please book with reception now if you would like your child to have this vaccination.



It's coming to that time of year again when coughs, colds, sneezing and sore throats are abundant. These are all the signs of the common cold. If you have any of the following symptoms raised temperature (39-40^c), sweating, overwhelming tiredness, chesty cough and sneezing these are signs that you may have flu. Most healthy adults do not need to see a doctor for colds or flu. You should **rest your body; drink plenty of non-alcoholic fluids; ask your local pharmacist for advice AND remember antibiotics will not help colds, flu or sore throats. Children or adults with chronic health conditions, very high temperature or severe pain should seek medical advice.** For detailed information visit NHS Choices www.nhs.uk/livewell/coldsandflu/Pages/Coldsandfluhome.aspx