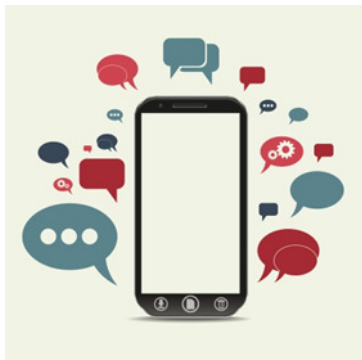


**Online services available at  
the touch of a button!!**



**Now online!**

**Book, cancel or change your own  
appointment**

**Order repeat prescriptions  
View your Medical Record**

**Visit -  
[www.castlemedicalgroup.co.uk](http://www.castlemedicalgroup.co.uk)**

**ASK AT RECEPTION FOR  
YOUR PASSWORD AND  
LOG-IN DETAILS**

*(Note: Photo ID is required)*

**Emergency Advice &  
Out of hours care**

**URGENT MEDICAL ADVICE** is available 24 hours a day, 7 days a week, every day of the year.

Call **111** . . .

- *If it's out of hours and your doctor's surgery is closed.*
- *If you need medical help or advice quickly but it doesn't need a 999 ambulance.*
- *If you think you should go to A&E or another urgent care centre, but you're not sure.*
- *If you don't know who else to call.*
- *If you need health advice, information or re-assurance about what to do.*

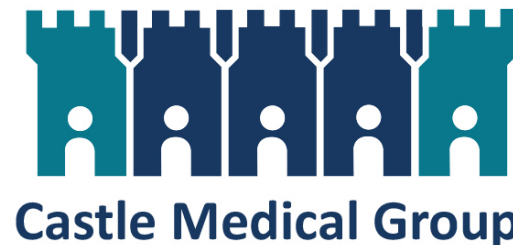
Your call will be answered by a fully trained advisor, supported by experienced nurses and paramedics. They will call a '999' ambulance if it is necessary or advise you whether to visit an out-of hours surgery or your regular doctor.

For more information please visit our website  
[www.castlemedicalgroup.co.uk](http://www.castlemedicalgroup.co.uk)



Like us on Facebook!

**If it's not a life threatening  
emergency  
Call **111** at any time**



## **THE ROLE OF OUR NURSE PRACTITIONERS**

**Ascebi House  
118 Burton Road  
Ashby de la Zouch  
Leicestershire  
LE65 2LP**

Main telephone number: 01530 414131

Emergencies: 01530 414470

Fax number: 01530 560732

Website: [www.castlemedicalgroup.co.uk](http://www.castlemedicalgroup.co.uk)

## Nurse Practitioners . . . What they can do for you

*This leaflet explains their role.*

**Nurse practitioners** are trained specialist nurses. They have undertaken additional medical education in order to provide advanced nursing care and to prescribe medication.

Nurse practitioners can provide treatment and advice for many problems. Their main areas of expertise are in the management of common illnesses and long term conditions.

The nurse practitioners can assess and examine you, make a diagnosis and provide advice and treatment including a prescription if required. They can make referrals to hospital doctors or other health care professionals.

There are some limits to their responsibilities. Unfortunately, they are unable legally to sign a sick certificate, so you will still need to see your own GP for this. They do treat babies from 19 weeks, as well as children and expectant mothers, with minor ailments, both of whom are always referred to a doctor. Children up to 12 years are given a same day appointment with a doctor if required.

The nurse practitioners work closely with your doctor and liaise frequently with her/him about your care.

## Nurse Practitioners can treat you for . . .

- Acute back pain, joint sprains
- Acute chest infection
- Sticky discharging eye, sty
- Cystitis
- Diarrhoea, constipation, piles
- Dizziness, giddiness, unusual headache
- Earache, swollen glands
- Oral thrush
- Raised temperature that does not improve after one week of pharmacists' advice and home treatment.
- Shingles
- Tonsillitis, cough, sinusitis, sore throat, colds and flu-like illnesses. *(NB. a cough may persist for up to four weeks after other cold/flu symptoms have gone.)*
- Urinary tract infections,
- Vaginal thrush, soreness, lump or discharge
- Vomiting
- Wounds, scalds, burns, rashes

Nurse practitioners may also help you with many other problems such as menstrual disorders, unexplained weight loss, breast lumps, sexual health advice, depression, change of contraception method and pill.

Nurse Practitioners also manage long term conditions such as asthma, eczema, high blood pressure, coronary heart disease, raised cholesterol levels, diabetes, epilepsy and respiratory disease.

## Appointments

### Same day appointments

Same day appointments are available every weekday to consult the nurse practitioners.

### Routine appointments

Patients can book advance appointments to see the nurse practitioner for issues such as fitting or removing coils or implants.

All patients who receive repeat prescriptions for any medicine need to see their GP or Nurse Practitioner once or twice a year to have their prescription reviewed.

Some patients, often those with complex and long-standing medical problems, may need an appointment with a doctor. The Nurse Practitioner is usually able to assess the situation and in some cases will organize initial blood tests and other investigations prior to arranging a follow up appointment with your doctor.

The nurse practitioners complement the service that we offer to you, our patients. Please be assured that a doctor's appointment will always be available should you prefer but you may get an earlier appointment if you opt to consult the nurse practitioners.